


This Institution is an Equal Opportunity Provider

*\*Menus are subject to change*

For more information, Visit:

<http://www.irvingisd.net/foodservices/>





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>High Schools &amp; Cardwell</b> <i>Breakfast &amp; Lunch is Free Every day to all I.I.S.D. Students FYI: Only the following items contain pork/pork derivatives: Wedge/ Tuscan/ Meat Lovers/ Breakfast Pizza * Breakfast Pizza Bagel * Cubano/ Pulled Pork Sandwich/ Street Tacos/ Baked Potato * Charro Beans * Fruited Gelatin * Lucky Charms Bowl/Bar * Blushing/Confetti * Breakfast Kolache * Cheese &amp; Bacon Egg Bites</i></p>	<p><b>STUDENTS WHO PARTICIPATE IN SCHOOL BREAKFAST:</b></p> <ul style="list-style-type: none"> <li>• Are more ready to focus &amp; learn</li> <li>• Do better in Math</li> <li>• Are ultimately, more likely to Graduate from High School</li> </ul>	<p><b>ESTUDIANTES QUE PARTICIPAN EN DESAYUNO ESCOLARES:</b></p> <ul style="list-style-type: none"> <li>• Están listos para enfocarse</li> <li>• Son mejores matemáticas</li> <li>• Tienen más probabilidad de graduar de secundaria</li> </ul>		
<p><b>1</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Early Riser Stuffed Hashbrown w/Sausage Link, Homemade Smoothie w/Honey Graham Cracker, Applesauce Cup, Fruit Juice, Milk</p>	<p><b>2</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Turkey Cheese/Egg Cheese Croissant, Breakfast Parfait, Four Fruit Mixed Cup, Fruit Juice, Milk</p>	<p><b>3</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Pancake on a Stick, Cinnamon Roll, Apple Slices, Fruit Juice, Milk</p>		
<p><b>6</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Country Breakfast Plate w/Texas Toast &amp; Bacon, French Toast w/Bacon, Apple Slices, Fruit Juice, Milk</p>	<p><b>7</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Donut Holes Cup, Breakfast Parfait, Sunmaid Raisins, Fruit Juice, Milk</p>	<p><b>8</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Homemade Chicken Biscuit, Homemade Smoothie w/Honey Graham, Cracker, Fresh Fruit, Fruit Juice, Milk</p>	<p><b>9</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Egg Bites w/Turkey Bacon, Breakfast Parfait, Four Fruit Mixed Cup, Fruit Juice, Milk ,</p>	<p><b>10</b></p> <p><b>No School Fall Break</b></p>
<p><b>13</b></p> <p><b>No School Fall Break</b></p>	<p><b>14</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Chorizo Breakfast Taco, Honey Bun, Fresh Fruit, Fruit Juice, Milk</p>	<p><b>15</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Turkey Cheese/Egg Cheese Croissant, Homemade Smoothie w/Honey Graham Cracker, Four Fruit Mixed Cup, Fruit Juice, Milk</p>	<p><b>16</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Waffle w/Chicken Sausage, Breakfast Parfait, Fresh Fruit, Fruit Juice, Milk</p>	<p><b>17</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, French Toast Bites w/Bacon, Cinnamon Roll, Apple Slices, Fruit Juice, Milk</p>
<p><b>20</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Country Breakfast Plate w/Texas Toast &amp; Bacon, Breakfast Burrito, Apple Slices, Fruit Juice, Milk</p>	<p><b>21</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Chorizo Breakfast Bowl, Breakfast Parfait, Applesauce Cup, Fruit Juice, Milk</p>	<p><b>22</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Breakfast Pizza, Homemade Smoothie w/Honey Graham Cracker, Fresh Fruit, Fruit Juice, Milk</p>	<p><b>23</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, French Toast Bites w/Bacon, Breakfast Parfait, Four Fruit Mixed Cup, Fruit Juice, Milk</p>	<p><b>24</b></p> <p><b>No School</b></p>
<p><b>27</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Confetti Waffle, Breakfast Taco, Apple Slices, Fruit Juice, Milk</p>	<p><b>28</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Bacon, Egg, Cheese Breakfast Taco, Breakfast Parfait, Fresh Fruit, Fruit Juice, Milk</p>	<p><b>29</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Early Riser Stuffed Hashbrown w/Sausage Link, Homemade Smoothie w/Honey Graham Cracker, Applesauce Cup, Fruit Juice, Milk</p>	<p><b>30</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Cooper Street Bars, Turkey Cheese/Egg Cheese Croissant, Breakfast Parfait, Four Fruit Mixed Cup, Fruit Juice, Milk</p>	<p><b>31</b></p> <p><u>BREAKFAST</u></p> <p>Assorted Cereal, Benefit Bars, Pancake on a Stick, Cinnamon Roll, Apple Slices, Fruit Juice, Milk</p> <p><b>TRICK OR TREAT</b></p> 

This Institution is an Equal Opportunity Provider

\*Menus are subject to change

For more information, Visit:

<http://www.irvingisd.net/foodservices/>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>High Schools &amp; Cardwell</b> <b>Breakfast &amp; Lunch is Free Every day to all I.I.S.D. Students</b> FYI: Only the following items contain pork/pork derivatives: Wedge/ Tuscan/ Meat Lovers/ Breakfast Pizza * Breakfast Pizza Bagel * Cubano/ Pulled Pork Sandwich/ Street Tacos/ Baked Potato * Charro Beans * Fruited Gelatin * Lucky Charms Bowl/Bar * Blushing/Confetti * Breakfast Kolache * Cheese & Bacon Egg Bites	<p>Did you know? School lunches are vital for the health of students, academic performance, and food security, ensuring that children receive the nutrition they need to thrive.</p> <p>¿Sabías qué? Los almuerzos escolares son vitales para la salud de los estudiantes, el rendimiento académico y la seguridad alimentaria, asegurando que los niños reciban la nutrición que necesitan para prosperar.</p>	<p><b>1</b></p> <p><u>LUNCH</u></p> <p>Boneless Wings w/Roll, Cheese Quesadilla, Baked Potato w/Pulled Port &amp; Cheese, Fruit &amp; Yogurt Parfait, Seasoned Green Beans, Curly Fries, Fruit Crisp, Fresh Fruit, Milk</p>	<p><b>2</b></p> <p><u>LUNCH</u></p> <p>Teriyaki Chicken Rice Bowl, Pizzarino Sandwich, Pizza Max Sticks, Grab &amp; Go Nacho w/Bean Dip, Steamed Broccoli, Squash Casserole, Blushing Applesauce, Fresh Fruit, Milk</p>	<p><b>3</b> <b>HARVEST OF THE MONTH</b> </p> <p><u>LUNCH</u></p> <p>Homerun Breakfast Plate, Bacon Cheeseburger/Hamburger, Chicken Fried Steak Sandwich, Cobb Salad w/Savory Crackers, Hashbrown Patties, Burger Salad, Chocolate Chip Cookie, Four Fruit Mixed Cup, Fresh Fruit, Milk</p>
<p><b>6</b></p> <p><u>LUNCH</u></p> <p>Reg/Spicy Chicken Tenders &amp; Waffles w/Syrup, Buffalo Pizza, Turkey Bacon Club Smart Box, Ranch Shaker Salad, Honey Glazed Carrot Coins, Chilled Fruit, Fresh Fruit, Milk</p>	<p><b>7</b></p> <p><u>LUNCH</u></p> <p>Taco Salad, Spicy Black Bean Burger, Chicken Crispito, Mandarin Orange Chicken Salad w/Savory Crackers, Charro Beans, Street Corn, Spanish Rice, Caliente Fruit Cup, Fresh Fruit, Milk</p>	<p><b>8</b></p> <p><u>LUNCH</u></p> <p>Bone-In Wings w/Roll, Pulled Pork Sandwich, Chili Cheese Dog, Fruit &amp; Yogurt Parfait, Garden Salad, Steamed Broccoli, Fruited Gelatin w/Whipped Topping, Fresh Fruit, Milk</p>	<p><b>9</b></p> <p><u>LUNCH</u></p> <p>Fish Tacos, Buffalo Chicken Sandwich, Dill Nuggets w/Biscuit, Hummus Smart Box, Veggie Dipper w/Ranch, Curly Fries, Whole Fruit Frozen Cup, Fresh Fruit, Milk</p>	<p><b>10</b></p> <p><b>No School Fall Break</b> </p>
<b>National School Lunch Week- October 14 through October 17, 2025</b>				
<p><b>13</b></p> <p><b>No School Fall Break</b> </p>	<p><b>14</b></p> <p><u>LUNCH</u></p> <p>Street Tacos, Pepperjack Enchiladas, Reg/Spicy Chicken Sandwich, Turkey Ham Croissant Sandwich Smart Box, Orange Medley Juice, Refried Beans, Spanish Rice, Chilled Fruit, Fresh Fruit, Milk</p>	<p><b>15</b></p> <p><u>LUNCH</u></p> <p>Boneless Wings w/Roll, Texas Chili Cheese Pie, Cubano Sandwich, Fruit &amp; Yogurt Parfait, Caesar Shaker Salad, Golden Corn, Fruit Crisp, Fresh Fruit, Milk</p>	<p><b>16</b></p> <p><u>LUNCH</u></p> <p>Chicken Fried Steak w/Roll, Cheesy Hot Chicken Chunks w/Biscuit, Mega Meat Pizza, Grab &amp; Go Nacho w/Bean Dip, Steamed Broccoli w/Cheese, Mashed Potatoes, Whole Fruit Frozen Cup, Fresh Fruit, Milk</p>	<p><b>17</b></p> <p><u>LUNCH</u></p> <p>Egg Roll w/Veggie Fried Rice, Monster Bowl w/Roll, Mozzarella Cheese Sticks w/Marinara, Chicken Caesar Salad w/Garlic Knot Roll, Mixed Vegetables, Garden Salad, Sugar Cookie, Four Fruit Mixed Cup, Fresh Fruit, Milk</p>
<p><b>20</b></p> <p><u>LUNCH</u></p> <p>Mac &amp; Cheese, Hamburger/Cheeseburger, Chef Salad w/Turkey &amp; Buffalo Cheez-Its, Hummus Smart Box, Burger Salad, Crinkle Cut Fries, String Cheese, Chilled Fruit, Fresh Fruit, Milk</p>	<p><b>21</b></p> <p><u>LUNCH</u></p> <p>Pupusa w/Curtido Cabbage Salad, Chicken Crisp Up's, Crispy Turkey Tacos, Crispy Chicken Salad w/Churro Crackers, Refried Beans, Lettuce &amp; Tomatoes, Spanish Rice, Caliente Fruit Cup, Fresh Fruit, Milk</p>	<p><b>22</b></p> <p><u>LUNCH</u></p> <p>Bone-In Wings w/Onion Rings, Chili Cheese Dog, Baked Potato w/Cheese &amp; Broccoli, Turkey Bacon Club Smart Box, Carrot Coins, Spinach Salad, Fruited Gelatin w/Whip Topping, Fresh Fruit, Milk</p>	<p><b>23</b></p> <p><u>LUNCH</u></p> <p>Tuscan Pizza, BBQ Drumstick w/Biscuit, Orange Chicken w/Rice, Fruit &amp; Yogurt Parfait, Steamed Broccoli, Veggie Dipper w/Ranch, Whole Fruit Frozen Cup, Fresh Fruit, Milk</p>	<p><b>24</b></p> <p><b>No School</b> </p>
<p><b>27</b></p> <p><u>LUNCH</u></p> <p>Taco Pizza, Breaded Drumstick w/Roll, BBQ Jack Sandwich, Southwest Salad w/Cheez-It, Ranch Shaker Salad, Honey Glazed Carrots, Whole Fruit Frozen Cup, Fresh Fruit, Milk</p>	<p><b>28</b></p> <p><u>LUNCH</u></p> <p>Cubano Sandwich, Spicy Chorizo Taco Stick w/White Queso, Chicken Soft Taco, Greek Salad w/Chickpeas &amp; Savory Crackers, Refried Beans, Lettuce &amp; Tomatoes, Spanish Rice Cool Tropics, Fresh Fruit, Milk</p>	<p><b>29</b></p> <p><u>LUNCH</u></p> <p>Boneless Wings w/Roll, Cheese Quesadilla, Baked Potato w/Pulled Port &amp; Cheese, Fruit &amp; Yogurt Parfait, Seasoned Green Beans, Curly Fries, Fruit Crisp, Fresh Fruit, Milk</p>	<p><b>30</b></p> <p><u>LUNCH</u></p> <p>Teriyaki Chicken Rice Bowl, Pizzarino Sandwich, Pizza Max Sticks, Grab &amp; Go Nacho w/Bean Dip, Steamed Broccoli, Squash Casserole, Blushing Applesauce, Fresh Fruit, Milk</p>	<p><b>31</b> </p> <p><u>LUNCH</u></p> <p>Homerun Breakfast Plate, Bacon Cheeseburger/Hamburger, Chicken Fried Steak Sandwich, Cobb Salad w/Savory Crackers, Hashbrown Patties, Burger Salad, Chocolate Chip Cookie, Orange &amp; Cream Frozen Fruit-Cup, Fresh Fruit, Fresh Fruit, Milk</p> <p></p>



- Gala apples grow on trees in several regions of Texas.

- Applies float when dropped into water because they are 25% air.
- Applies are used to make applesauce.

### Joke of the Month

2. Why did the equine joints have no cartilage?

I am  
**Mighty**  
**Red**

இதன்மூலம் கட்டிடக்கலைத் துறையில்  
உயர்நிலைப் படிப்பை மேற்கொள்ளும்



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID HILLER  
We produce new Farming 100's.

\*This journal is not peer-reviewed by the IAGLR.






## Hechos Graciosos

- Las manzanas de gala crecen en árboles en varias regiones de Texas.
- Las manzanas flotan cuando se caen al agua porque son un 25% de aire.
- Las manzanas se utilizan para hacer compota de manzana.

### Chiste del Mes

12. How much do respondents use social media?

Ya say  
**Might**  
End

Address: [info@openoffice.org](mailto:info@openoffice.org)  
 Phone: +49 30 26494-10  
 Fax: +49 30 26494-110



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER  
*State prohibits bee translocation past 2014*

© 2006 Blackwell Publishing Ltd *Journal of Internal Medicine* 260: 395–404

  
 Subscribe to us on YouTube

**NATIONAL SCHOOL LUNCH WEEK- OCTOBER 14 – OCTOBER 17, 2025**

[illegible]

Your School  
 Lunch Pass

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

**COMMISSIONER SID MILLER**

## Smooth-Frozen



October 31, 2025

**HURRY UP AND  
GOBLIN UP 'EEEK!'**

**100% Juice • No Added Sugars • Unique Smooth-Frozen Texture**

ORANGE  
& CREAM  
FLAVOR



🔍 **Find!**

1999. <http://www.mpschicago.org>

With John F. Kennedy  
through and beyond

**Thompson's Fruit & Nut Butter**  
with Natural Virgin Olive Oil

4. 4. 2012 (10:00 AM)

www.pearsoned.com

